

SPECIAL ISSUE: CALL FOR PAPERS

“Current Practices in Orofacial/Oropharyngeal Myofunctional Therapy for Obstructive Sleep Apnea”

The *International Journal of Orofacial Myology and Myofunctional Therapy: Official Journal of the International Association of Orofacial Myology* (IJOM) is currently welcoming articles for consideration to be published in a Special Issue on the topic of orofacial/oropharyngeal myofunctional therapy (OMT or MFT) and obstructive sleep apnea (OSA).

The aim is to promote scholarly papers addressing assessment procedures and therapeutic interventions that rely on principles and practices of orofacial myology for the management of OSA in children and adults. The Guest Editor for this issue is Dr. Carlos O'Connor Reina, MD, PhD, an otolaryngology specialist focused on sleep-disordered breathing.

In a recent consensus statement by an international committee,¹ OMT is included as part of a multidisciplinary approach for OSA. There are many reasons why OMT is not yet widely accepted as a viable therapeutic strategy for OSA, primarily related to a paucity of literature. With your contributions, the IJOM aims to supplement existing literature by providing the rationale and evidence to raise awareness for OMT to become a standard component of OSA management for appropriate patients.

The IJOM has been in circulation for 48 years and is the only journal in the world dedicated to the topic of orofacial myofunctional disorders and therapy. In 2014, Frey and colleagues published a review article on the topic of OMT for OSA in the IJOM.² The authors concluded that properly trained certified orofacial myologists (COM) can have a role in the assessment and co-management of patients with OSA. Despite this encouraging paper, few studies have been published in this journal to examine this practice. Selfless initiatives like this Special Issue will help to introduce OMT for OSA to a broad audience.

Papers will be peer-reviewed (double blind) and, if accepted, published incrementally (immediately after they are accepted and formatted) from 01 January to 31 December 2023. All articles in the IJOM are **open access** and there are absolutely **no fees** for authors.

For additional requirements or information about this publication, do not hesitate to contact the Guest Editor, Dr. O'Connor Reina at carlos.oconnor@quironsalud.es or the IJOM's Editor in Chief, Nancy Pearl Solomon, PhD, at editor.ijom@iaom.com.

Please submit your original research, review paper, clinical perspective, tutorial, case reports, or commentaries to the IJOM at <https://ijom.iaom.com/journal/>. Also refer to this website for information about scope, article types, policies, guidelines, and ethical publishing.

Guest Editor:

Carlos O'Connor Reina, MD, PhD

Expert Somnologist ESRS

Experto en medicina del sueño SES

Chair Spanish Sleep Society

Head of Otolaryngology Hospital Quironsalud Marbella & Campo de Gibraltar



¹Alonso-Fernández A, et al. International Consensus Document on Obstructive Sleep Apnea. Arch Bronconeumol. 2022;58(1):52-68. <https://doi.org/10.1016/j.arbres.2021.03.017>

²Frey L, Green S, Fabbie P, Hockenbury D, Foran M, Elder K. The essential role of the COM in the management of sleep-disordered breathing: A literature review and discussion. International Journal of Orofacial Myology, 2014;40(1):42-55. <https://doi.org/10.52010/ijom.2014.40.1.4>